

## Chair Massage

Chair massage is an alternative to traditional massage (during which the client is laying down on a table). In a chair massage the client is fully clothed and seated in an ergonomic massage chair. This is a great modality for those clients who either have difficulty getting on or off of a table and for those who are more comfortable receiving massage while fully clothed. Additionally, it is ideal for those who do not have time to leave their workplace yet want to receive quality bodywork